



Substance
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and Sex
Education

Extremism and
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Relationships and Sex Education Lesson 5: Gender Issues Relationships

Learning Objectives

- Know about gender identities and have an awareness of transgender issues, including gender reassignment
 - Understand the difference between being a transgender person and a cross-dresser
- PW64 Identify how to find information and advice through help lines
- PW66 Reflect on the many different types of relationships that exist

Introduction

- Ask the pupils if they have heard the term 'trans' before. In what context?
- Explain that 'trans' comes from the Latin word meaning 'across' e.g. trans-Atlantic means across the Atlantic.
- Trans is now an abbreviation for transgender.
A trans man is a person who was assigned as female at birth but whose gender identity is male.
A trans woman is a person who was assigned as male at birth but whose gender identity is female.
- Gender reassignment is when an individual feels that his or her gender at birth does not match their gender identity and they .
- Transsexual is another term for people who feel they are 'in the wrong body'.
- Transvestite was the term historically used for a person, typically male, who liked to dress in clothes appropriate to the opposite sex. This group of people are now referred to as **cross-dressers**.
- Ensure pupils understand that cross-dressers are not the same as transgender people.

Resources

Mindmap template
'Asking Questions' Resource

Main Activity

- Pupils are to discuss the meaning of 'gender'.
Is it related to your mind, your body or both?
- What questions would the pupils like to ask a transgender person? Create a mindmap using them.
- Now, look at the "Asking Questions" resource.
- Revisit the mindmap of questions and decide whether they still want to ask those questions, and, if they still do, would it be better to Google the answers.
- Use this weblink to introduce pupils to transgender children:-
<https://bbc.in/1yQCpRw>

Plenary

- Explain to pupils that intersex people have anatomy that is not considered typically male or female.

Trans:Across