

Dear Listening Lucy,
My ex-best friend is making my life a misery. We fell out earlier in the year, when I lent her my iPod and she broke it but wouldn't admit it. She's been talking about me behind my back and I know she's been calling me names on Facebook, even though she's blocked me, 'cos most of my friends are also her friends. She's in my class at school so I can't really avoid her and I don't know what to do.
Janine
Dear Janine,

Please send your questions to:

Listening Lucy, Problem Close, Loveborough, Adviceshire LO73 1UCY or you can contact by email at ListenLucy1986@Q&Angels.co.org.uk Please allow 5-7 working days for a reply to your question.

If you have not received a reply after that time, then call our support team on 01234 098765, as we do answer all letters!



